

ELEMENT TAKEAWAY MENU

| SALADS & PIZZA | | SIDES <small>All sides £4.00</small> |
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| MARGHERITA FOCACCIA FLATBREAD (V) | 9.75 | NEW POTATOES WITH GARLIC & HERB BUTTER |
| SPICY CHORIZO & ROCKET FOCACCIA FLATBREAD | 13.75 | SWEET POTATO FRIES |
| TAGLIATELLE WITH ROASTED COURGETTE & PEPPERS, SUNDRIED TOMATO & RED PESTO (VG) With pea shoots and shaved vegan hard cheese | 13.75 | FRENCH FRIES |
| ELEMENT CAESAR SALAD Romaine lettuce, croutons, cherry tomatoes, shaved parmesan and anchovy dressing, crispy Parma ham | 9.75 | DEEP FRIED ONION RINGS |
| <i>Add grilled chicken breast + 5.00</i> | | SPICED JASMINE RICE |
| <i>Add grilled salmon fillet + 6.00</i> | | MIXED SALAD |
| <i>Add grilled halloumi + 3.00</i> | | ROCKET SALAD WITH BALSAMIC DRESSING & SHAVED PARMESAN |

ELEMENT GRILLS & CLASSICS

6OZ ANGUS BURGER Home-made smoked bacon jam, lettuce, beef tomato, gherkins, red onion, sweet mustard relish, toasted brioche bun, French fries **14.75**

ELEMENT SIGNATURE DOUBLE ANGUS BURGER Two 6oz patties, grilled dry cured bacon, lettuce, beef tomato, gherkins, home-made smoked bacon jam, mustard relish, smoked Applewood cheddar, fried onion rings, toasted brioche bun, French fries **19.95**

CAJUN CHICKEN BURGER Chipotle mayo, lettuce, beef tomato, grilled red pepper, red onion, toasted brioche bun, French fries **13.75**

MOVING MOUNTAINS PLANT-BASED BURGER (VG) Lettuce, beef tomato, grilled peppers, red onion marmalade, toasted brioche bun, French fries **13.75**

Gluten free bun available

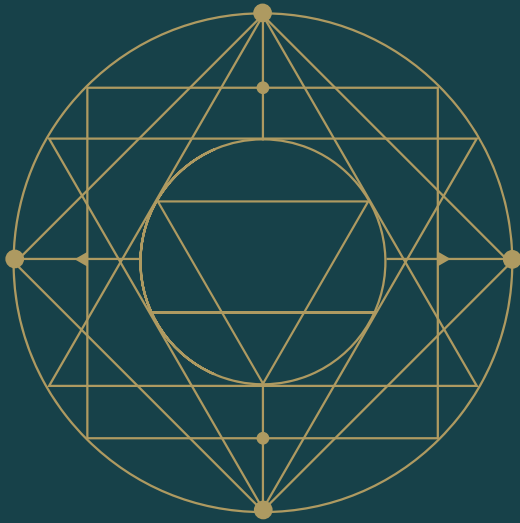
Add cheddar cheese + 1.00

Add grilled dry cured bacon + 1.00

Add grilled halloumi + 3.00

FISH 'N' CHIPS St Albans 3 Brewers Golden Ale batter, English garden peas, tartar sauce, lemon **14.75**

THAI GREEN VEGETABLE CURRY (VG) Spiced Jasmine rice, naan bread, poppadum crisps **16.50**
Add grilled chicken breast + 5.00 | Add grilled salmon fillet + 6.00



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